



**KATY INGERSOLL SHAMANIC TEACHINGS AND PRACTICES
OCTOBER 2017 NEWSLETTER**

TENTH MOON CYCLE – CLAN MOTHER WEAVES THE WEB

Clan Mother Weaves the Web carries the Medicine Shield of Life Force Energy – teaching us how to gather energy, how to use it in this world, how it affects our woven web and the Web of Life.

She is the Clan Mother of Creation and Destruction. Her Cycle of Truth is working with the truth; she is connected with the color pink. She encourages us to grow and develop our creative potential – using arts, crafts, music and song to develop our ideas, create our dreams and visions as we walk our Earthwalk. (It is interesting to note: October is Breast Cancer awareness month; the color is pink. October sits in the Fall Season, which sits in the West Direction where the Feminine resides.)

As Keeper of Life Force Energy she teaches us how to tap into our earthly, tangible gifts to develop and create our dreams, our visions; she encourages us to utilize life force energies found in the Elements – Earth, Air, Water, Fire, Spirit. She shows us how to mix and integrate those energies to feed our creative spark that also access our Eternal Flame of Love (inner spiritual essence). Grandmother Spider wove the Web of the Universe; Clan Mother Weaves the Web teaches us how to weave our own web from our life experiences. Every circle created touches every circle of creation.

A web created in greed will trap the one who wove it; a web woven without care is not strong and durable; a web woven from fear attracts lessons we need to overcome; A web woven from love will endure until the dream is fulfilled. What Web are you weaving? “When we change on the inner, we change on the outer, and those around us change.” As we heal ourselves, we heal and raise the collective consciousness.

Suggested Journeys: Journey to Clan Mother Weaves the Web. Ask her to show you what your Web looks like, what information does it have for you; what changes need to be made. This is a good place to look for patterns, old paradigms, blockages stymieing your growth and development.

WALKING YOUR SPIRITUAL PATH – THE AWAKENING PROCESS

If you are alive, you are walking a sacred path whether you are aware of it or not; that path is created by the weaving of tangible and intangible threads that connect our emotions, thoughts, dreams and experiences. This is how we grow up and learn about life. Every decision we make, every shift in our perception alters our course. As we become aware that each of us travels a spiritual path that is the beginning of our awakening process.

FACEBOOK – “Katy4Shamanism” Group We have created a “Facebook Group”, an environment where our community can stay connected with one another. If you wish to join the group, send me a “Friend Request” @ FB Katy Ingersoll; or, if you have friends who would be interested in our group, share with them!

OCTOBER SCHEDULED EVENTS

Wednesday, October 4th	7pm – 9pm	Journey Circle		RSVP
Thursday, October 5 th	7pm – 10pm	Full Moon Fire Ceremony	\$10-\$20	RSVP
Saturday, October 7th	10 am – 12:30pm	Advanced Journey Class	\$20	RSVP
Saturday, October 28 th				
Sunday, October 29 th		Soul Retrieval Workshop – Part 2	Class closed	
Sunday, November 19 th	1pm – 3:30pm	Introduction to Shamanic Journey	\$25	RSVP

Information regarding the above-scheduled workshops and events: visit Katy’s website www.katy4shamanism.com or www.katyingersoll.com; text or call 626-483-8920; email katyingersoll@gmail.com