

*KATY INGERSOLL*  
*Shamanic Teachings and Practices*  
*JANUARY 2018 NEWSLETTER*



#### JANUARY MOONS

January brings in two full Supermoons and a lunar eclipse. The full Supermoon on January 1st is best known as the Wolf Moon; sometimes known as the Old Moon. The second full Moon, or Blue Moon, will appear on January 31st along with a lunar eclipse.

**Blue Moon:** When two full Moons occur within the same calendar month, the first full moon goes by the name normally assigned to it. However, the second full Moon is called a Blue Moon.

**Supermoon:** A full Moon is known as a Supermoon when it is at the point in its orbit closest to our Earth.

**Moon Folklore:** A bright first Moon promises rain and a bountiful harvest. A red-tinted Moon means a dry year. A growing Moon and a flowing tide are lucky times to marry. A halo around the Moon predicts wet and stormy weather.

Talks With Relations is the Clan Mother of the First Moon Cycle. Her Medicine Shield is about finding relationships to all of life. Her teachers are the Allies of Nature – seasons, elements, creatures, tall ones (trees), stone people, plant people – all our planetary family. Her teachings: our Mother is Earth, our Father is Sky, our Grandparents are: Grandmother Moon and Grandfather Sun. She encourages us to have seeking minds, to be open and willing to learn, to understand and adjust to the rhythms of Mother Earth and all her aspects of Nature.

Clan Mother Talks With Relations speaks about Sacred Space, to respect our own and that of others. For each of us Sacred Space is our personal environment and that of Mother Earth. She speaks about the language of the heart, to hear, speak and see from our hearts. Her Cycle of Truth is *Learning the Truth*. Her color connection is orange – the color of our Eternal Flame of Love the Great Mystery placed within our hearts. She wants us to know *the intangible world of spirit found in the tangible world is awaiting our discovery*.

---

#### WINTER - NORTH DIRECTION

As taught in the Walking Your Sacred Path Workshops, the North is the place of Winter, of Spirit, of Elders and our Ancestors. It is a place of fulfillment, memory, mental discipline, balance, centeredness, completeness, non-attachment, interconnectedness, justice and freedom. These “words” comprise a roadmap that guides us as we walk in the North, to hear, see and be in our wholeness with the rhythm of life. To journey in the North can may be overwhelming and can be a struggle. Belly laughter is a great release – a great energy buster!

---

#### SUGGESTED JOURNEYS TO TAKE THIS MONTH

You may wish to Journey to Clan Mother Talks With Relations on the following subjects:

How can I create a relationship between the conflicting parts of my nature that hinders my harmony and balance?

How can the insecure parts of my nature become a “relative” with my confident parts?

How can the jealousy parts of my nature become a “relative” to the generous parts?

What is that bridge of relationship? I am looking for that bridge of relationship. Show me the bridge of relationship.

---

#### NEW BEGINNINGS – The Glendora Shamanic Journey Circle

A new year, a new name and a new beginning for the *Glendora Shamanic Journey Circle!*

This Circle began meeting several years ago. It was originally comprised of five folks. We would meet monthly. Soon it became apparent we were doing work within the community or being “of service” to our community. Over the past few years the Circle has evolved to about twenty folks. We meet monthly and we are “of service” to our community.

This year we are asking “our community” to send monthly prayer requests and/or journey requests to us. We have an email address:

[glendorashamanicjourneycircle@gmail.com](mailto:glendorashamanicjourneycircle@gmail.com)

Please remember when sending prayer requests on behalf of others that you **have their permission**. This Circle is spirit-driven; by that I mean we will just wait and see how it works. Spirit will guide us. So please send in your requests and we will go from there.

---

### JANUARY CELEBRATIONS!

Happy Birthday and many blessings to our January Birthday Folks!

Monday, January 1 - Full Moon - Wolf Moon - Supermoon

Tuesday, January 16 - New Moon

Tuesday, January 30 - Supermoon

Wednesday, January 31st - Blue Moon and Lunar Eclipse

---

### JANUARY 2018 SCHEDULED EVENTS - RSVP required for all classes

Monday	Jan 1	7pm-10pm	Full Moon Fire Ceremony	\$10-\$20
Wednesday	Jan 3	7pm-9pm	Glendora Shamanic Journey Circle	
Saturday	Jan 13	10am-12:30pm	Advanced Shamanic Journey Class	\$20
Sunday	Jan 14	1pm-4pm	Intro to Shamanic Journey Class	\$30
Wednesday	Jan 31	7pm-10pm	Full Moon Fire Ceremony	\$10-\$20

*Note: All events take place in Glendora. Please RSVP Katy (mobile) 626-483-8920 or email: [katingersoll@gmail.com](mailto:katingersoll@gmail.com)  
Classes require pre-payment through: Venmo, PayPal, check made payable to Katy Ingersoll, PO Box 2284, Glendora, Ca 91740*

*Fire Ceremonies cash, check or prepayment \$10-\$20 (sliding scale)*

**Katy4Shamanism**

Glendora, CA

626-963-6395

<http://katingersoll.com/>

[katingersoll@gmail.com](mailto:katingersoll@gmail.com)

SHARE

TWEET

FORWARD

lite